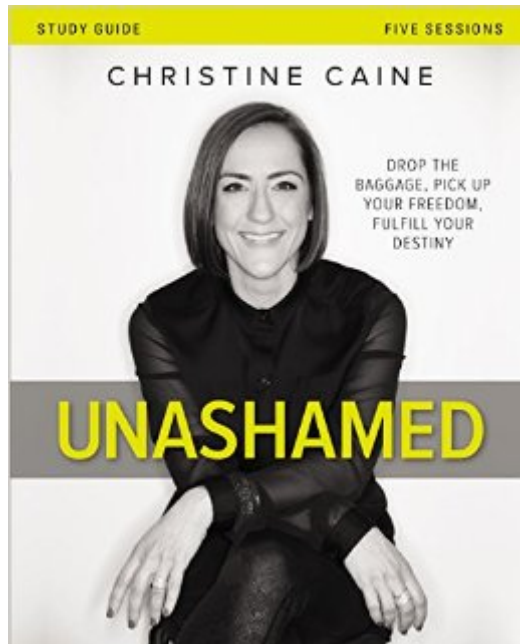


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# Unashamed Study Guide: Drop The Baggage, Pick Up Your Freedom, Fulfill Your Destiny



## Synopsis

Shame has no place in the purpose, plan, and destiny God has for us because shame lies to us, robs us of the freedom we long for, and shackles us in the prison of our past. In this five-session video Bible study, author and teacher Christine Caine weaves examples from her life with those of biblical characters who failed but overcame their shame to show how God heals us and redeems us. In her passionate style, she explains that if we want to change our futures, we have to believe God is bigger than our mistakes, our inadequacies, our pasts, and our limitations. We have to believe God created us for a unique purpose, has a specific plan for us, and has a powerful destiny he wants us to fulfill. God has already won the victory over sin and its shame, and we do not need to spend our lives believing the lies of the deceiver. Instead, we can allow ourselves to be defined by God's truth and choose to see ourselves the way God does through the lens of his eternal perspective. So join the journey. Stop merely existing and start thriving. Lay hold of the power of Jesus Christ today and step into his future—a beautiful, full, life-giving future filled with purpose. You can live unashamed! Session titles include: Run, Don't Hide (Run to Jesus, Don't hide From Jesus) Today is the Day (Shame Off You Today) Posses Your Inheritance (You Must Go In and Take It) God Never Wastes a Hurt (Our Scars Can Become a Sign of Victory, Not Shame) Highly Unlikely (God Uses Ordinary People to Achieve Extraordinary Results) Designed for use with the Unashamed DVD (sold separately).

## Book Information

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## Customer Reviews

This is one of the most helpful studies I have done! I truly encourage everyone to go through it!

Everyone at one point has dealt with these things in their life, this brings truth of how to overcome through them! Thank you Christine

I was able to host a group of ladies and go through this study guide. There is some rich topics we've discussed. The best part is seeing these ladies start to walk into freedom. It is absolutely amazing to see God do His amazing work! If you are interested in leading a group or going through it just yourself, it will be worth it. It will uncover some things and help you step into freedom.

Going through this Bible study was very helpful to overcome shame from my past that has hindered me, even though I didn't realize it. Thank you, Christine, for helping me to see and deal with this unforeseen shame.

I couldn't put the book down! I read it in a day and then recommended it for a friend. It was so helpful and insightful. I really appreciate the honesty of Christine and her openness. It couldn't have been easy to write the way she did but it sure helped me! When my friend is done with my copy I will be returning to it to read again and this time prayerfully.

Yes with the weekly videos and the emails and posts on Facebook this was a wonderful study. Christine is a wonder thank you for what you do ã ã ã ã

It's not a study guide you can do alone without the videos. I didn't like that

So happy for this book!! free at last ã•ã•ã•ã•

Good read

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